



Are You Drinking Enough Water?

Check off how many glasses you drink each day! Rethink Your Drink and choose WATER!

Weeks of ___

	Sunday	Sunday
	Monday 🔲 🔲 😈	Monday
	Tuesday	Tuesday
	Wednesday	Wednesday
	Thursday	Thursday
	Friday	Friday
	Saturday 🔲 🔲 💮	Saturday 🔲 🔲 🔲 💮