

Dear Parent:

Your child will soon be participating in Delta Dental of Iowa Foundation's "Rethink Your Drink" educational program. This program is designed to teach children the importance of choosing healthier drink options to preserve and strengthen their oral and physical health.

The lessons use video, written and activity aids. As a parent, you play an important role in helping your child develop healthy habits. We will be sending a "Water Log" home so your child can keep track of their healthy drinking habits. Please help your child complete the log.

We appreciate your support of this unique program and wish you and your family a lifetime of healthy smiles!

Sincerely,

Delta Dental of Iowa Foundation  
[deltadentalia.com/H2O](http://deltadentalia.com/H2O)