Take care of your smile and your health.

Having a dental plan can help you:

- Save money. When you need dental work, Delta Dental shares the cost with you. You can save even more by visiting in-network dentists.
- Be covered for the unexpected. Without a dental plan, you would be responsible for the full treatment cost.
- Detect health issues sooner. More than 120 diseases¹, including heart disease and diabetes, have symptoms that appear in the mouth.

With Delta Dental of Iowa, you have the flexibility to get the coverage you need and will use. See for yourself why one million Iowans choose Delta Dental for their dental coverage.

¹Dental Management of the Medically Compromised Patient (7th ed.). 2008.



Enroll Today!



CoverMySmile.com



Call 877-423-3582, ext. 3

Monday through Friday, 8 a.m. to 5 p.m. CST.



Contact your health insurance broker/agent

△ DELTA DENTAL®

Delta Dental of Iowa 877-423-3582 deltadentalia.com

Delta Dental of Iowa Plus policies are expected to be certified by the Iowa Health Insurance Marketplace as of October 31, 2018.

2105-B10019 09/2018

2019 Individual and Family Dental Insurance

Coverage for you, your spouse and/or your children



BEFORE YOU GET STARTED

Compare network options

ALREADY HAVE A DENTIST?

Chances are your dentist participates in Delta Dental's vast provider network.

To find your dentist, visit covermysmile.com and click Find Your Dentist.

DELTA DENTAL PREMIER DENTISTS Includes over 90 percent of Iowa dentists², with **Iower** out-of-pocket costs and reduced benefits.



DELTA DENTAL PPOSM DENTISTS Includes over 40 percent of lowa dentists², with the lowest out-of-pocket costs and best benefits.

OUT-OF-NETWORK DENTISTS

Allows you to see an out-of-network dentist at higher costs with reduced benefits.

FIND THE RIGHT BENEFITS IN THREE SIMPLE STEPS:



Decide who to cover.

Cover yourself, spouse, children or the entire family.



TWO RATES

All plans are priced per person:

- Adult Rate age 21 and older
- Child Rate up to age 21 as of the first day
 of the plan year for the first three children on
 your policy (no charge for additional children)



Pick your plan type.

Delta Dental offers two plan types: Prime and Plus. Both plans have the same adult coverage, but Plus plans have different benefits for children up to age 21.



The Prime plan may be best if you:

- Are only covering adults 21 and older
- Want to supplement your other health benefit coverage
- Want the same benefits for children and adults on the policy



The Plus plan may be best if you:

- Are covering children and want a plan that meets ACA requirements³ for children up to age 21
- Want maximum out-of-pocket limits and no annual/lifetime maximums on child coverage
- Want coverage for medically necessary orthodontia

³ Delta Dental Plus policies are expected to be certified by the Iowa Health Insurance Marketplace and meet the Affordable Care Act (ACA) pediatric dental essential health benefit (EHB) requirement for children up to age 21.



Select your coverage.

PREVENTIVE

Basic plan.

No coverage limit for routine, preventive care

Annual benefit maximum:

No Limit

Monthly Premium: \$

PREFERRED

Most popular.

Low monthly premium for comprehensive dental coverage

Annual benefit maximum:

\$1,000

Monthly Premium: \$\$

PLATINUM

Richest benefits.

Lower deductibles/ out-of-pocket expenses

Annual benefit maximum:

\$2,000

Monthly Premium: \$\$\$

ENROLL TODAY!

CoverMySmile.com | 877-423-3582, ext.3



2019 Individual and Family Prime Plans



 PRIME Does not include Affordable Care Act defined pediatric dental benefit Children and adult benefits are the same 	Pre	eventive Pri	me	Pr	eferred Pri	me	Platinum Prime				
	Month	ly Per-Person Pr	emium	Month	ly Per-Person Pr	emium	Monthly Per-Person Premium				
	Adult (2 \$19.06	21+) Child \$18.5	(up to age 21)	Adult (2 \$39.50	Child \$30.2		Adult (21+) Child (up to age 21) \$55.22 \$42.34				
	Delta Dental PPO™ Dentist	Delta Dental Premier* Dentist	Out-of-Network Dentist	Delta Dental PPO™ Dentist	Delta Dental Premier Dentist	Out-of-Network Dentist	Delta Dental PPO™ Dentist	Delta Dental Premier* Dentist	Out-of-Network Dentist		
Deductible per person per calendar year	\$50	\$50	\$75	\$50*	\$150*	\$225	\$25*	\$100*	\$175		
	Coinsu	ırance paid by m	nember	Coinsu	ırance paid by m	ember	Coinsurance paid by member				
Diagnostic and Preventive Care (exams, cleanings, X-rays)	20%	30%	50%	0%	0%	50%	0%	20%	40%		
Routine and Restorative Services (fillings, tooth extractions and oral surgery)	50%**	50%**	70%**	50%	50%	70%	20%	40%	60%		
Posterior Composites (tooth-colored filling on back teeth)	50%	50%	70%	60%	60% 70%		50% 60%		70%		
Endodontics and Periodontics (root canals, gum and bone disease) 6-month waiting period	-	-	-	50%	50% 70%		50% 50%		60%		
Major Restorative Services (crowns, dentures and bridges) 12-month waiting period	-			50%	50%	50% 70%		50% 50%			
Implants 12-month waiting period	-	-	-	60%	60%	70%	60%	60%	70%		
Annual Benefit Maximum per person per calendar year		No limit			\$1,000		\$2,000				

^{*}Deductible is waived for diagnostic and preventive services. **Extractions and oral surgery are not covered under the Preventive plan.

Information on Delta Dental Plus and Prime Policies

Delta Dental Plus policies include the pediatric dental benefits as required under the Affordable Care Act (ACA). Delta Dental Plus policies are expected to be certified by the lowa Health Insurance Marketplace as of October 31, 2018. Plus policies for individuals/families can be purchased through the lowa Health Insurance Marketplace, Delta Dental or your insurance agent. You can purchase dental benefits with the required pediatric dental services as a stand-alone policy without purchasing a medical plan. Delta Dental Prime policies do not include the pediatric dental services as required under ACA. These policies can be purchased through Delta Dental or your insurance agent.

Information on Rates and Enrollment: Rates are effective January 1, 2019 through December 31, 2019. After paying to insure three children up to the age of 21, Delta Dental will not charge for additional children (up to the age of 21) included on the policy. Future rates are subject to change at a frequency of no more than once per year. You will be given a 60-day advance notification if there is any change in rates. For covered persons over 21, there is a 24-month waiting period to re-enroll if coverage is terminated for any reason. The 24-month waiting period to re-enroll is submitted. Applications must be received by the 20th of the month to be effective the 1st calendar day of the following month. Applications received after the 20th will be effective the 1st calendar day of the next month.

Important Information About Waiting Periods on the Platinum Prime and Preferred Prime Plans: There are no waiting periods for diagnostic and preventive services, fillings and extractions, and emergency treatment of dental pain. There is a 6-month waiting period for endodontics and periodontics and periodontics

Plans are available to lowa residents only. Adult coverage is for ages 21 and older. Child coverage is up to age 21 as of January 1 of the plan year.



2019 Individual and Family Plus Plans



 PLUS Includes the Affordable Care Act defined pediatric dental benefit Children and adult benefits are different 	Preventive Plus					Preferred Plus					Platinum Plus							
	Monthly Per-Person Premium					Monthly Per-Person Premium					Monthly Per-Person Premium							
	Adult (21+) Child (up to age 21) \$19.06					Adult (21+) Child (up to age 21) \$39.50 \$46.30					Adult (21+) Child (up to age 21) \$55.22 \$51.82							
	Delta Dental PPO SM Dentist		Delta Dental Premier* Dentist		Out-of-Network Dentist		Delta Dental PPO SM Dentist		Delta Dental Premier* Dentist		Out-of-Network Dentist		Delta Dental PPO SM Dentist		Delta Dental Premier Dentist		Out-of-Network Dentist	
	Adult	Child	Adult	Child	Adult	Child	Adult	Child	Adult	Child	Adult	Child	Adult	Child	Adult	Child	Adult	Child
Deductible per person per calendar year	\$50	\$25*	\$50	\$25*	\$75	\$225*	\$50*	\$25*	\$150*	\$25*	\$225	\$225*	\$25*	\$25*	\$100*	\$25*	\$175	\$225*
	Coinsurance paid by member					Coinsurance paid by member					Coinsurance paid by member							
Diagnostic and Preventive Care (exams, cleanings, X-rays)	20%**	0%	30%**	0%	50%**	50%	0%	0%	0%	0%	50%	50%	0%	0%	20%	0%	40%	50%
Routine and Restorative Services (fillings, tooth extractions and oral surgery)	50%***	20%	50%***	50%	70%***	70%	50%	20%	50%	50%	70%	70%	20%	20%	40%	50%	60%	70%
Posterior Composites (tooth-colored filling on back teeth)	50%	60%	50%	60%	70%	70%	60%	60%	60%	60%	70%	70%	50%	60%	60%	60%	70%	70%
Endodontics and Periodontics (root canals, gum and bone disease) 6-month waiting period for adults	-	50%	-	50%	-	70%	50%	50%	50%	50%	70%	70%	50%	50%	50%	50%	60%	70%
Major Restorative Services (crowns, dentures and bridges) 12-month waiting period for adults	-	50%	-	50%	-	70%	50%	50%	50%	50%	70%	70%	50%	50%	50%	50%	60%	70%
Implants 12-month waiting period for adults	-	60%	-	60%	-	70%	60%	60%	60%	60%	70%	70%	60%	60%	60%	60%	70%	70%
Medically Necessary Orthodontia	-	50%	-	50%	-	50%	-	50%	-	50%	-	50%	-	50%	-	50%	-	50%
Adult Annual Benefit Maximum per person per calendar year	No limit					\$1,000					\$2,000							
Child Annual Out-of-Pocket Limit (only applies to in-network)	\$350 per child or \$700 for all children under 21				-	_	\$350 per child or \$700 for all children under 21			-	\$350 per child or \$700 for all children under 21			-	-			

^{*}Deductible is waived for diagnostic and preventive services. **Maintenance therapy is not covered under the adult plan. ***Extractions and oral surgery are not covered under the adult plan.

Information on Delta Dental Plus and Prime Policies

Delta Dental Plus policies include the pediatric dental benefits as required under the Affordable Care Act (ACA). Delta Dental Plus policies are expected to be certified by the lowa Health Insurance Marketplace as of October 31, 2018. Plus policies for individuals/families can be purchased through the lowa Health Insurance Marketplace, Delta Dental or your insurance agent. You can purchase dental benefits with the required pediatric dental services as a stand-alone policy without purchasing a medical plan. Delta Dental Prime policies do not include the pediatric dental services as required under ACA. These policies can be purchased through Delta Dental or your insurance agent.

Information on Rates and Enrollment: Rates are effective January 1, 2019 through December 31, 2019. After paying to insure three children up to the age of 21, Delta Dental will not charge for additional children (up to the age of 21) included on the policy. Future rates are subject to change at a frequency of no more than once per year. You will be given a 60-day advance notification if there is any change in rates. For covered persons over 21, there is a 24-month waiting period to re-enroll if coverage is terminated for any reason. The 24-month waiting period to re-enroll if coverage is submitted. Applications must be received by the 20th of the month to be effective the 1st calendar day of the following month. Applications received after the 20th will be effective the 1st calendar day of the next month.

Important Information About Waiting Periods on the Platinum Plus and Preferred Plus Plans: There are no waiting periods for diagnostic and preventive services, fillings and extractions, and emergency treatment of dental pain. There is a 6-month waiting period for endodontics and a 12-month waiting period for major restorative services and implants for covered persons on the Delta Dental Plus policies. Credit toward waiting periods may be given for individuals who were covered under a qualifying plan within the past 60 days. Waiting periods must be satisfied if there has been a lapse in coverage for more than 60 days or for new members who are added to this policy.

Language Access Services

If you, or someone you're helping, has questions about Delta Dental of lowa, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 877-423-3582 x3.

Arabic -

إن كان لديك أو لدى شخص تساعده أسئلة بخصوص Delta Dental of lowa. فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم اتصل بـ 877-423-3582.

Chinese – 如果您,或是您正在協助的對象,有關於[插入 項目的名稱 Delta Dental of lowa 方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥[在此插入數字877-423-3582 x3

French – Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Delta Dental of Iowa, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 877-423-3582 x3.

German – Falls Sie oder jemand, dem Sie helfen, Fragen zum Delta Dental of Iowa haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 877-423-3582 x3 an. Hindi – यदि आपके, या आप द्वारा सहायता किए जा रहे किसी व्यक्ति के Delta Dental of lowa के बारे में प्रश्न हैं, तो आपके पास अपनी भाषा में मुफ्त में सहायता और सूचना प्राप्त करने का अधिकार है। किसी द्भाषिए से बात करने के लिए 877-423-3582 x3 पर कॉल करें।

Karen – နာ, မှတမှ်းပှာတဂာဂာလာနမာစားအီး, မှ်းအိုင်္ဂီးတာသံကွာ်တဖဉ်ဘဉ်ယးနီး
Delta Dental of lowa နှဉ်,
နအိုင်ုံနီးတာ်ခွဲးတာ်ယာ်လာနကနီးနှာ်ဘဉ်
တာမာစားနီးတာ်ဂဲ့က်တာ်ကျိုးလာနကျိုာ်နော်
နဲလာတလိုင်ဟုဉ်အပှာဘဉ်နှဉ်လီး.
လာနကကတိုးတာ်နီးပှာကတိုးကျိုာ်ထံတာ်အင်္ဂါ,
ကီး 877-423-3582 x3 တကာ်.

Korean - 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Delta Dental of lowa에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 877-423-3582 x3로 전화하십시오.

Laotian – ຖ້າທ່ານ, ຫຼືຄົນທີ່ທ່ານກຳລັງຊ່ວຍເຫຼືອ, ມີຄຳຖາມກ່ຽວກັບ Delta Dental of lowa, ທ່ານມີສິດທີ່ຈະໄດ້ຮັບກາ ນຊ່ວຍເຫຼືອແລະຂໍ້ມູນຂ່າວສານທີ່ເ ປັນພາສາຂອງທ່ານບໍ່ມີຄ່າໃຊ້ຈ່າຍ. ການໂອ້ລົມກັບນາຍພາສາ, ໃຫ້ໂທຫາ 877-423-3582 x3. Pennsylvania Dutch - Wann du hoscht en Froog, odder ebber, wu du helfscht, hot en Froog baut Delta Dental of Iowa, hoscht du es Recht fer Hilf un Information in deinre eegne Schprooch griege, un die Hilf koschtet nix. Wann du mit me Interpreter schwetze witt, kannscht du 877-423-3582 x3 uffrufe.

Russian – Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Delta Dental of lowa, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 877-423-3582 x3.

Serbo-Croatian – Ukoliko Vi ili neko kome Vi pomažete ima pitanje o Delta Dental of Iowa, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 877-423-3582 x3.

Spanish – Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Delta Dental of Iowa, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 877-423-3582 x3.

Tagalog – Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Delta Dental of lowa, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 877-423-3582 x3.

Thai – หากคุณ หรือคนที่คุณกำลังช่วยเหลือ มีคำถามเกี่ยวกับ Delta Dental of Iowa คุณมีสิทธิที่จะได้รับความช่วยเหลือและข้อมูล ในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย พูดคุย กับล่ามโทร 877-423-3582 x3

Vietnamese – Neu quy vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Delta Dental of Iowa, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-800-544-0718.

Delta Dental of Iowa complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. To review our full non-discrimination notice, go to deltadentalia.com/nondiscrimination.